



VALLEY ASSOCIATES FOR INDEPENDENT LIVING, INC.

ANNUAL REPORT FY 2021

MISSION STATEMENT:

*Promoting self-direction among people with disabilities
and
removing barriers to independence in the community.*

Achievements

Greetings!

Well, we've ended another year of challenges and successes, much like last year. Although we haven't quite been able to return to "business as usual," we adapted to the increased and then relaxed restrictions of the pandemic, which has put every business and citizen, including VAIL and our staff, to the test. I am proud to say that even though it has been difficult and, at times, exhausting, VAIL continues to thrive during this period of unprecedented change.

Thankfully, once again, we had an amazing Arctic Dip! Even though the event had to be modified to account for COVID restrictions, our participants and sponsors remained enthusiastic and generous! We also participated again in Great Community Give, sponsored by The Community Foundation of Harrisonburg & Rockingham County, which was also a success! We remain forever grateful to our community and those who give of their time, talents, and donations to help VAIL thrive!

In addition to fundraising, we wrote numerous grants to provide funding for upgrades to technology, which became so very important during this period of "virtual" rather than face-to-face connections. The upgrades also allow staff to work remotely as efficiently and effectively as they are able to work in our office.

VAIL was also able to continue to deliver multiple services. We provided for 15 home modifications, which ensured the residents could remain at home safely and visit safely with their family and friends outside. During this time of isolation, the ability to connect in this way is incredibly important. Additionally, we provided one-on-one independent living supports for isolated individuals, allowing them to continue with their day-to-day routines and also safely interact with peers in social settings.

VAIL continued to support families and individuals with PPE as necessary. We ran virtual trainings to increase knowledge and encourage self-care. We continued to respond to Information and Referral requests and helped individuals navigate the already-confusing and intricate systems of Independent Living, made more confusing by the pandemic. VAIL staff has continued to adapt and grow during a time of change and difficulty.

While we hope that things will be back to normal soon, in the interim, VAIL will continue to do the good and necessary work we do within our new normal! We remain grateful for our consumers, our community, our supporters, and our staff and we look forward to this new season and 2022!

Best,

A handwritten signature in black ink, appearing to read "Gayl Brunk", with a long, sweeping horizontal line extending to the right.

Gayl Brunk
Executive Director

Annual Statistics

491 consumers served

8,489 hours of Individual Services

239.25 hours of Community and Systems Advocacy

41.75 hours of Outreach to underserved areas

694.5 hours of Community Education - a 14% increase

1,286.25 hours of Networking

39 hours of Technical Assistance

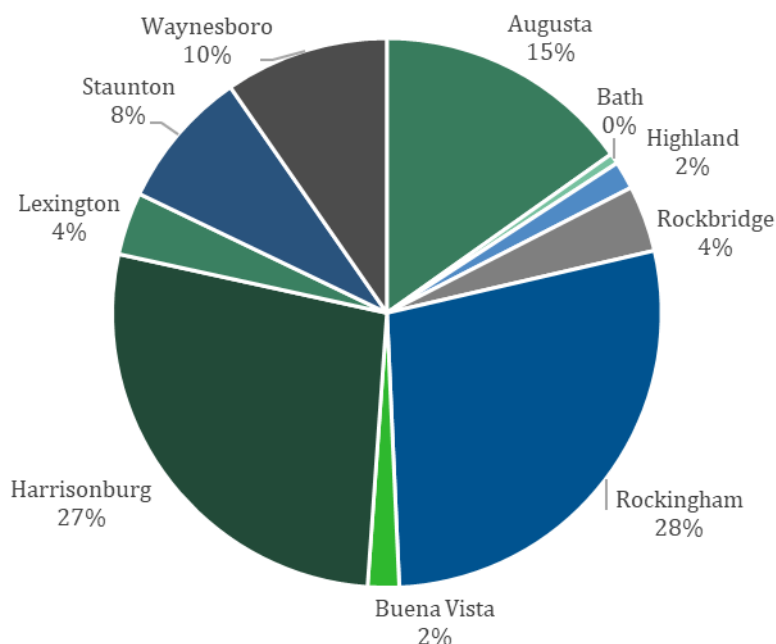
304 hours of Information & Referral calls

388 people received services that kept them out of institutions

26,463 miles driven to perform services

2021 provided opportunities and challenges for VAIL staff to meet the needs of individuals with disabilities. With the pandemic still present, VAIL staff advocated for access to the vaccine for individuals with disabilities, provided personal protective equipment to individuals with disabilities, and assisted individuals with returning or remaining in their homes safely through accessing community-based services and home modifications.

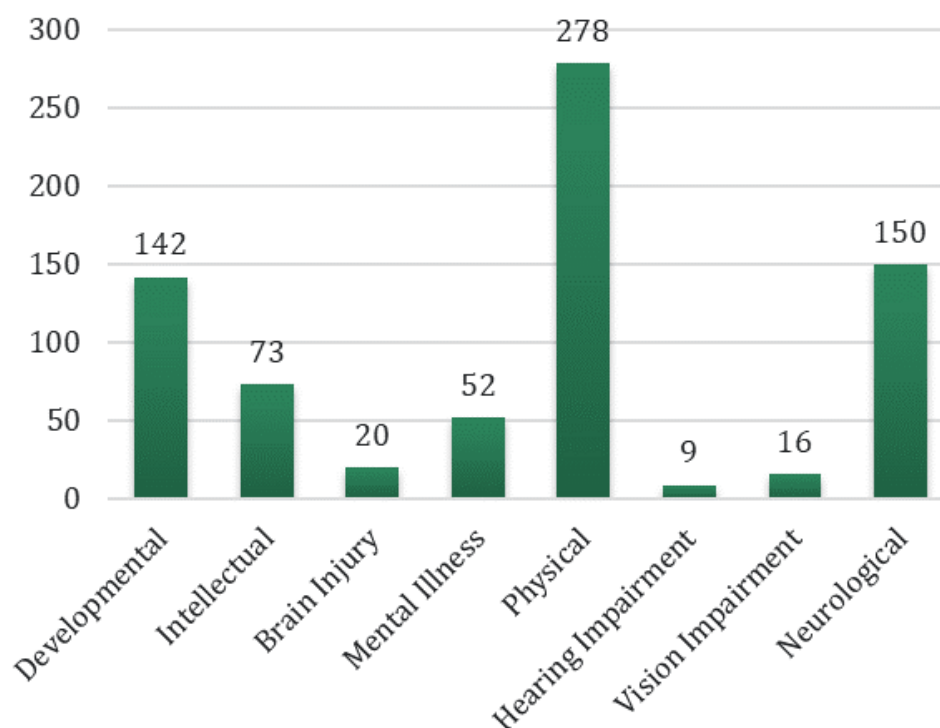




Locality	Number of Individuals
Augusta County	74
Bath County	3
Highland County	8
Rockbridge County	19
Rockingham County	136
Buena Vista	9
Harrisonburg	133
Lexington	18
Staunton	40
Waynesboro	47
Out of area	4

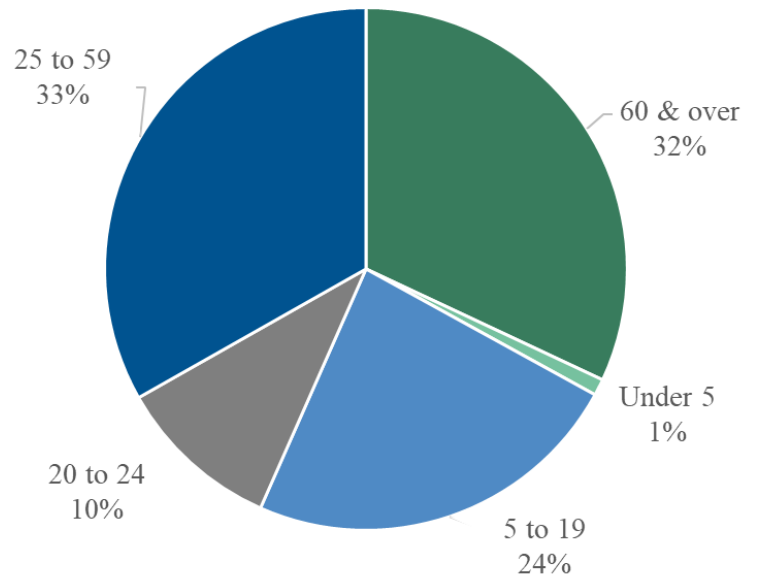
These numbers reflect individuals served in the localities that VAIL provides services too. These numbers do not include information and referral, advocacy, or education services provided to individuals in these areas. These numbers also do not include the many hours of networking with the communities to meet people's needs.

Types of Disabilities



Ages Served

Age Range	Number of Individuals
Under 5	5
5 to 19	116
20 to 24	50
25 to 59	163
60 & Over	157



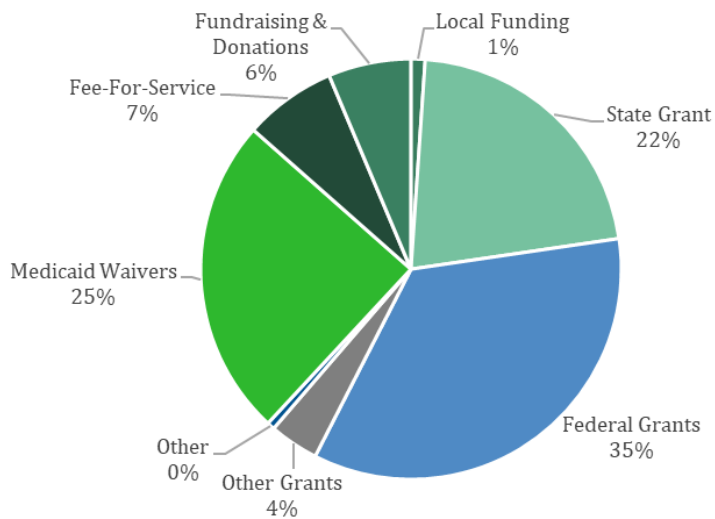
Ethnicities Served

Ethnicity	Number of Individuals
American Indian/ Alaskan Native	3
Asian	8
Black / African American	28
Hispanic / Latino	20
White	412
Two or More	19
Race and ethnicity unknown	1

Staff thought of innovative ways to host meetings. Staff met outside, depending on the weather, to share ideas of how to best serve individuals.



Finances



Income Type	Amount
Fee-For-Service	\$62,541.87
Medicaid Waivers	\$216,140.29
Federal Grants	\$306,153.73
State Grant	\$189,583.00
Other Grants	\$33,283.07
Local Funding	\$9,500.00
Fundraising & Donations	\$55,865.09
Other	\$5,110.85
TOTAL	\$878,177.90

It was 37 degrees Fahrenheit, partly cloudy with snow on the ground February 20, 2021. Individuals from the area dove into the frigid waters of Shenandoah Acres Family Campground Lake in Stuarts Draft to raise money for VAIL to serve individuals with disabilities within our community.



Donors

Associates (\$50—\$99)

Maria Adamson
 Fiona Albertson
 Sheina Alger
 Katherine Bell
 Ellen Blair
 Grant Bodkin
 Kim Bontrager
 Carolyn Bragg
 Barbara Conrad
 Thomas Kevin Conrad
 Connie Cox
 Diane Haldane-Doerr
 Annick Dupal
 Janice Drechsler
 Alexander Erskine
 Joyce Estep
 Melanie Gillespie
 J.D. & Becky Glick
 Lori Hazlett
 Dona Hinkle
 Cheryl Kasey
 Tyler Kump
 Heather Lankford
 Sue Lottridge
 John Malone
 Paul McFarland
 Kalma McMillen
 Helen Moore
 Kristian Moore
 Sharon Moran
 Chery Morris
 Marsha Neilson
 Frank Oncken
 Margaret Oncken
 Adora Padilla
 Heather Payne
 Jonathan C. Payne
 Evelyn Torres Pennings

Scott Pruett
 Kriscijan Radic
 Lejla Radic
 Suzanne Ritchie
 N. Shantz Skelton
 Betty Southerly
 Andrea Spainhour
 T. Sprouse
 Alana Stevenson
 Andrew Stevenson
 Patricia Stevenson
 Jane Swope
 Timothy Swortzel
 Dennis Ward
 Ernest M. Ward
 Michael Weeks
 Cathleen Welsh
 Sharon West
 John White
 Blanche Whitesell
 Terri Yoder

Partners (\$100—\$249)

Susan & Nathaniel Adamson
 Svetlana Adamson
 Jason Almarode
 Anonymous
 Bonnie Ayers
 Kathy Billhimer
 Shelley Brumbaugh
 Carol Brunk
 Lewis Clark
 Steve & Bea Conner
 Charles Downs
 Don Driver

Susan Frease

B. Wayne Erskine

David & Esther Friesen

Kathleen Gibson

Lisa Good

Larry & Valerie Kaylor

Cole Lawrence

Eddie & Pat Lynn

Loren Mast

Robert & Olma May

Bradley Moyers

Kimberly Murray

Anne O'Neill

David & Holly Prochaska

Rainbow Hill Farm LLC

Robert Runion

Chelsea Skelton

William & Patricia Skelton

Jeremy Spilman

Gary Sprouse

Debra Stevens

Annette Sumpter

Susan Sweeten

James & Melissa Szulkowski

Lisa Tumer

Tom Vandever

Radella Vrolijk

Bruce Ward

C.L. & Kathryn Whitten

Advocates (\$250 - \$499)

DuPont Community Credit Union

Marcia DuBois

Bryan Horne

David & Teri King

Robin Shoemaker

Ritchie Law Firm

Judy Warren

Weaver's Flooring America

Debra & Jeffrey York

Pacesetters (\$500—\$999)

Ken & Gayl Brunk

Allen & Susan Clague

Anonymous Fund of The Community
Foundation

Anthem Blue Cross & Blue Shield

Appeal Production

Blue Ridge Bank

Compass Counseling Services of VA

Julia Grandle

Hollister, Inc.

Interchange Group, Inc.

James River Equipment

James Ward & Donna Schminkey

Rockingham Cooperative

Dr. and Mrs. Larry Whitten's You Can't Take It
With You Fund of the Community

Foundation of H/R

Champions (\$1,000—\$2,499)

A-Able Plumbing, Inc.

Chris & Becky Grandle

Dominion Energy

Eileen Magruder

Harrisonburg Honda

Houff Charitable Foundation

Myers Ford

John & Linda Neff Charitable Fund of The
Community Foundation of H/R

Trailblazers (\$2,500 +)

Beachy Arehart PLLC

LD&B Insurance Agency

Michael Alexiou

Railside Industries, Inc.

thank you



Survey Results

An annual survey was sent to all current recipients of VAIL's services to ensure VAIL is providing quality services that meet the needs of individuals with disabilities in our community.

When asked which type of service received from VAIL was the most helpful, the top 4 responses were:

- ⇒ They helped me use personal care, respite, or companion care so I could stay in my home
- ⇒ They put me in touch with other agencies or people who could help me
- ⇒ They helped me make my own choices
- ⇒ They helped me understand my social security and other benefits

"I would refer any friend of mine to VAIL if they needed help for themselves or family members who needed help with independency since they have been so helpful to me."

100% of respondents stated that VAIL staff stayed in contact with them, treated them with respect, & are well-informed.

Survey recipients were asked to identify the 5 biggest needs of people with disabilities in our area. The top five responses were:

Need	% Response
Transportation	56%
Affordable Housing	46%
Accessible Housing	31%
Personal Assistance Care-Funding	31%
Respite Care	31%

VAIL responded to every COVID-related need identified. Examples include securing groceries for individuals, assisting people in home modifications through the rental unit accessibility modifications (RUAM) process, assisting people through the Dominion Energy Share program, and purchasing and shipping face masks, gloves, hand sanitizer, and disinfectant.

Respondents said that throughout the pandemic VAIL provided them with support.

Get Involved



Donate via PayPal <https://govail.org/support-vail/>



Participate in our fundraisers

The Great Community Give – an initiative of The Community Foundation of Harrisonburg and Rockingham County

Arctic Dip: the 3rd Saturday of February



Write/call your legislators

Advocate for disability issues

Tell them about the great work VAIL does



Click “like” on our Facebook page!

www.facebook.com/valleyassociatesforindependentliving



Learn about our services on our YouTube page!

<https://www.youtube.com/user/govail>

“Having VAIL work with me has provided me with my independence and my autonomy. Besides them being my sponsor for the regional title of Ms. Wheelchair Virginia, which I won in 2017, then they sponsored me again for 2018 for Ms. Wheelchair Virginia (state title), and I won that as well. My platform is for people to remain as independent as long as possible. And that is what VAIL has given me, knowing that I am already limited by being in this wheelchair. VAIL has helped me remain as independent as I can be. “

-Linda Gail Newell

Our Staff

Gayl Brunk: Executive Director
Holly Prochaska: Finance, Operations, & Compliance Director
Andrea King: Community Services Director
Chelsea Skelton: Community Living Specialist Supervisor
Svetlana Adamson: Community Living Specialist
Amy Jones: Community Living Specialist
Olesya Emolenko: Community Living Specialist
Taylor Hinkle: Community Living Specialist / Options Counselor
Diane Haldane: Independent Living Specialist / Service Coordinator
Tessa Hickman: Independent Living Specialist/Options Counselor
Jesse Compagnari: Independent Living Specialist
Richard “Mat Magruder: Service Coordinator
Inger Knicely: Program Support Specialist
Sonya Brunk: Program Support Specialist
Roger Southerly: Custodial Assistant

Board of Directors

Scott Pruett: President	Chris Grandle
Debra York: Vice President	Joseph Martin
Jeremy Spilman: Treasurer	Bonnie McLarty
Paul McFarland: Secretary	Kristian Moore
	Retha Reed
	James Ward

Contact Information

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