



VALLEY ASSOCIATES FOR INDEPENDENT LIVING, INC.

ANNUAL REPORT FY 2020



MISSION STATEMENT:

*Promoting self-direction among people with disabilities and
removing barriers to independence in the community.*

Achievements

Greetings!

This year has been one of incredible challenges for VAIL. Like most businesses and non-profit organizations, we have had to completely rethink the way we operate in order to not only survive – but to thrive – during this year of unprecedented change.

Thankfully, we started the year off with an absolutely phenomenal Arctic Dip! This fundraising event is one we enjoy tremendously and our sponsors and enthusiastic participants seem to feel the same about it! We also participated in our first Great Community Give, an initiative of The Community Foundation of Harrisonburg and Rockingham County, which we also viewed as a success for our first effort!

When the pandemic hit and the lockdown and new restrictions and regulations were put into place, we had to find new ways to serve our consumers – a vulnerable population – safely and efficiently. This required out-of-the-box thinking as well as working quickly to secure grants and funding for new and ongoing programs. And our team pulled together – as we always do – to get everything done!

Several staff members began making masks and, to date, we've shipped out over 1,000 masks and other PPE to consumers and community partners who needed them. We've been working closely with other organizations to meet additional needs in our community and with local representatives in the General Assembly to overcome barriers for our consumers – like the DMV shutdown. We received grants which helped us to get the word out about 'No Wrong Door' and Virginia Housing home modification programs. Because face-to-face meetings have been, and remain, out of the question for most consumers, we began offering remote learning opportunities and are in the process of producing two online trainings per week. For service facilitation, virtual meetings have become the norm and staff utilizes whatever technology consumers have available to get the job done. Staff members who could continue face-to-face meetings adapted to meet social distancing restrictions. Additionally, we've taken this opportunity to evaluate our business practices and have continued our efforts to move from a paper-based system to all digital, which will save time and money.

While we all certainly hope that life and work will get back to "normal" sooner rather than later, we don't know what the rest of 2020 will bring. But we are certain that we will weather every storm, adapt to all restrictions, rise to meet every challenge, and bring VAIL's spirit of 'We can do it!' to every situation.

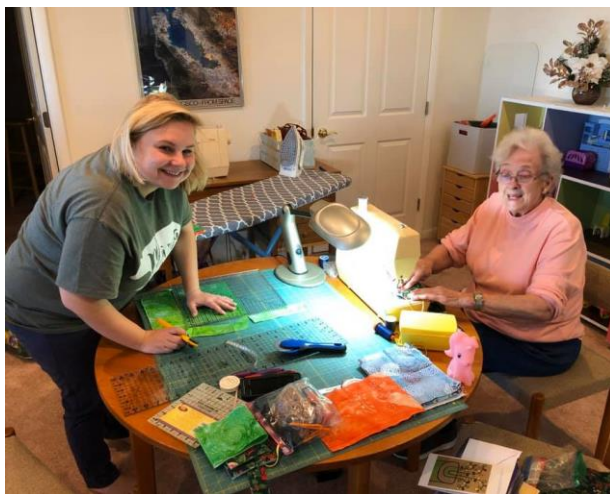


Executive Director

Annual Statistics

- **538** consumers served
- **11,022.5** hours of Individual Services
- **544.75** hours of Community and Systems Advocacy
- **20.75** hours of Outreach to underserved areas
- **606.75** hours of Community Education – a 34% increase
- **2,162.25** hours of Networking
- **39.5** hours of Technical Assistance
- **351.5** hours of Information & Referral calls
- **388** people received services that kept them out of institutions
- **64,898** miles driven to perform services

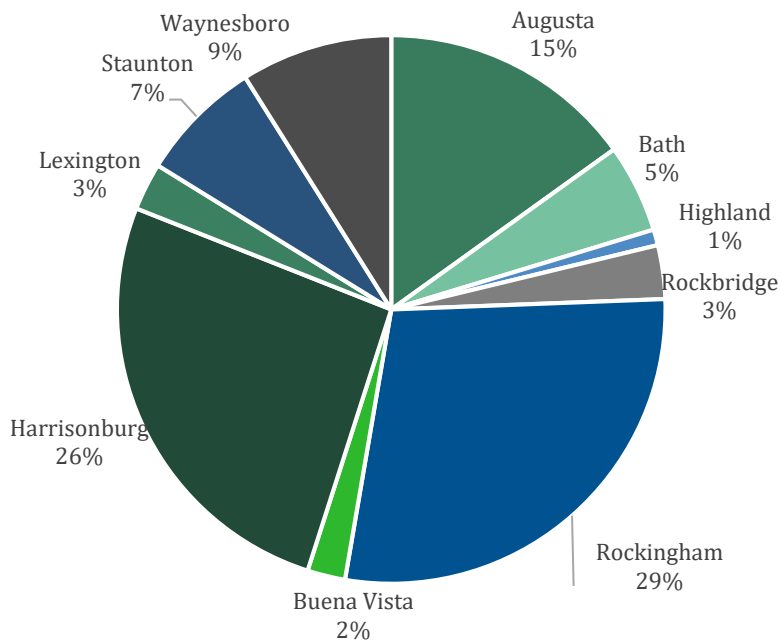
Please note that numbers are somewhat lower than they would normally be. This is due to the restrictions the pandemic initially placed on VAIL and the services we provide. However, our community education has risen quite a bit this year as staff worked tirelessly to ensure that everyone had the information they needed.



Staff were busy making masks at the beginning of the pandemic.

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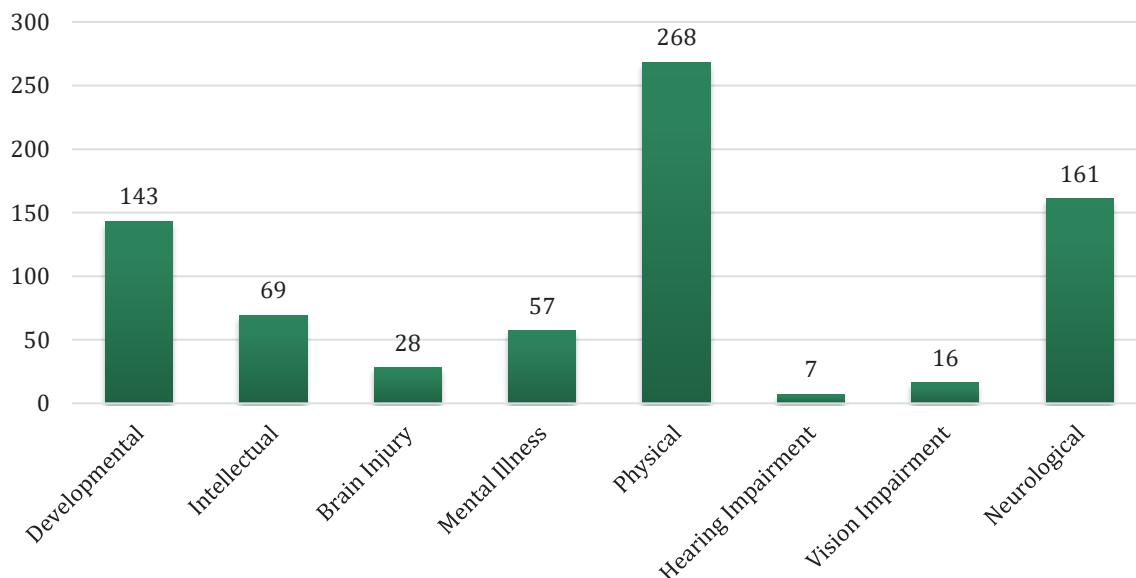
Localities Served



Locality	Number of Individuals
Augusta County	81
Bath County	28
Highland County	5
Rockbridge County	17
Rockingham County	152
Buena Vista	12
Harrisonburg	140
Lexington	15
Staunton	39
Waynesboro	48

VAIL Staff also work with students at Highland middle & high schools as well as Harrisonburg High School to provide trainings on transition-related topics. These activities include, but are not limited to, budgeting, goal setting, self-advocacy, disability awareness, and interview skills. These individuals are not captured in these numbers as these activities are typically performed in groups.

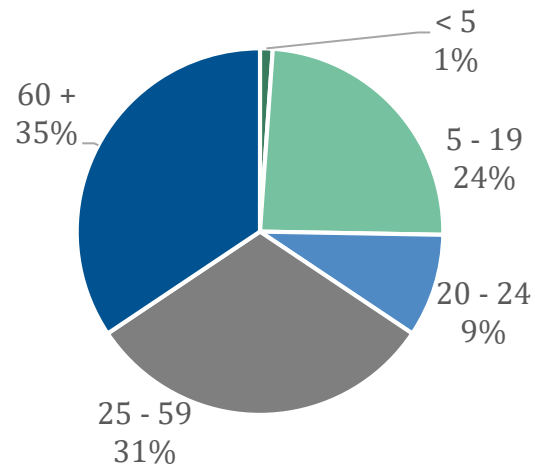
Types of Disabilities



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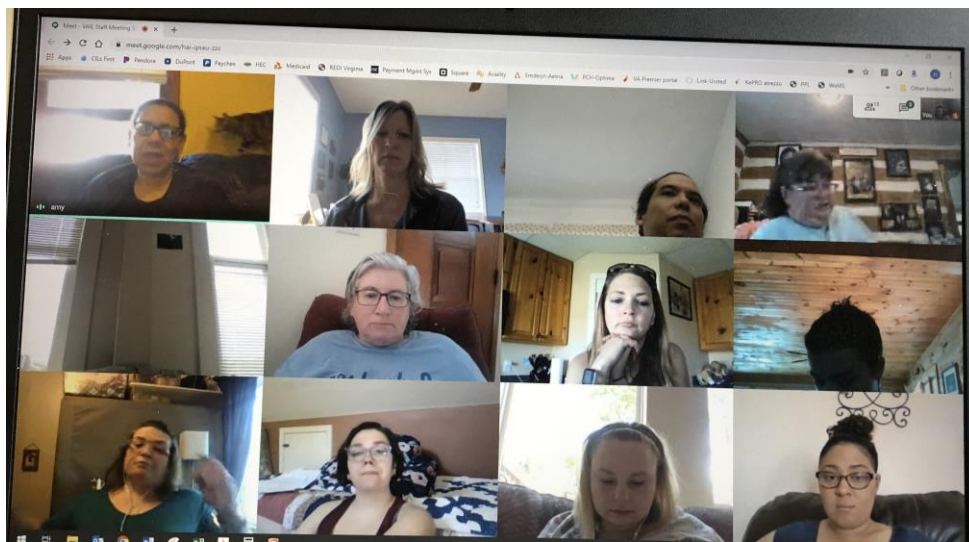
Ages Served

Age Range	Number of Individuals
Under 5	6
5 to 19	130
20 to 24	49
25 to 59	168
60 & Over	185



Ethnicities Served

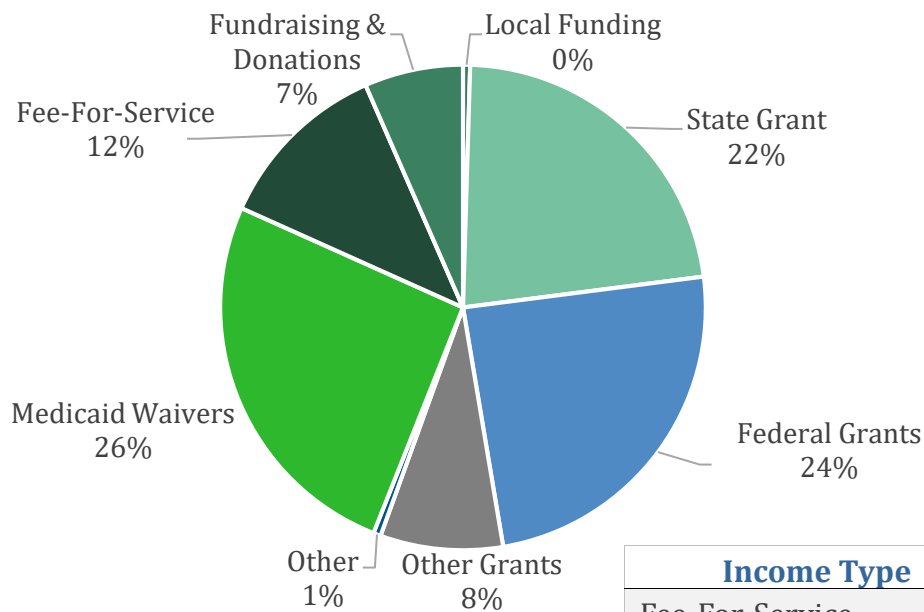
Ethnicity	Number of Individuals
American Indian/ Alaskan Native	4
Asian	12
Black / African American	39
Hispanic / Latino	23
White	445
2 or More	16



Staff meetings look very different for now!

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Finances



Income Type	Amount
Fee-For-Service	\$98,765.55
Medicaid Waivers	\$216,599.68
Federal Grants	\$205,510.65
State Grant	\$189,583.00
Other Grants	\$68,851.89
Local Funding	\$4,000.00
Fundraising & Donations	\$55,397.87
Other	\$4,168.68
TOTAL	\$842,877.32



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Donors

Associates (\$50—\$99)

Annick Dupal
Benjamin Erskine
Beth Bruce
Cheryl Kasey
CJ Police, III
Dennis Ward
Ellen Blair
Fiona Albertson
Helen Moore
Joyce Estep
Meredith Moomaw
Paul McFarland
Shar
Sue Lottridge
Svetlana Adamson
T.B. Pallest
Vicky Campbell
Wood Fired Oven Italian Restaurant
Kitty Gayhart
Roger Southerly
Alan Oncken
Alec Vrolijk
Alexander Erskine
Amy Hall
Ann Marie Wenger
Autumn Eavey
Connie Cox
Hallie Brunton
Jennifer Shull
Jerry Ritchie
John Malone
Linda Dedo
Lynda Chandler
Matthew Armentrout
Megan Heatwole
Violet Cox
Betty Southerly
Jamie & Melissa Szulkowski
Shannon Rankin

M.I.T.S. of Virginia
David & Holly Prochaska
Barbara van Emmerik
Michael Connellee
Timothy Rutherford
Keg's Custom Farming, LLC
Leslie Marie Claytor
Michael Nielson
Radella Vrolijk
Sara Kasey
Weaver's Flooring America
Shencorp, Inc.
The Gaines Group, PLC

Partners (\$100—\$249)

Alyson Wood
Anne O'Neill
B. Wayne Erskine
Belmont Community Ruritan Club
Bradley Moyers
Brian & Beth Friesen
Carefree Home Health & Companions
Chris Kempton
Christopher Newhouse
David & Teresa Bruce
Dayton Ruritan Club
Grady Herndon
Susan Frease
Kathryn Whitten
Kathy Billhimer
Lewis N. Clark
Patricia Skelton
Richard Lawrence
Tom Vandever
Amanda Bomfim
Andrea McMullen Strawderman
Brant Suther
Carolynn Rubino
Heather Keens
Jonathan Paynter

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Karen Marmaras
Kathryn Ackerman Whitten
Margaret Oncken
Michael Wong
Tracey Bruce
Virginia Prosthetics & Orthotics
Darren Ruff
Alana Stevenson
Robert May
Nathaniel & Susan Adamson
Chelsea Skelton
Jeremy Spilman
Steven & Beatrice Conner
Lisa Tumer
Judith Warren
Kimberly Murray
Allen & Susan Clague
Cole Lawrence
Jarrett Auto Towing & Recovery
Jeremiah Boucher
JJ's Soft Serve
Stephanie Monger
Dr. Susan Sweeten

Advocates (\$250 - \$499)

Blue Ridge Bank
Anonymous
Compass Counseling Services of VA
DuPont Community Credit Union
Marcia DuBois
Stephan Hess
F & M Community Bank Fund of the
Community Foundation of H/R
David & Teri King
Michael Ammendola
Ken & Gayl Brunk
Ritchie Law Firm
David & Esther Friesen

Pacesetters (\$500—\$999)

Anthem Blue Cross & Blue Shield
Hollister, Inc.
Interchange Group, Inc.
James Ward
Julia Grandle
Rockingham Cooperative
Debra York
James River Equipment
Myers Ford
Valarie Thomas Smith

Champions (\$1,000—\$2,499)

A-Able Plumbing, Inc.
Chris & Becky Grandle
Harrisonburg Honda
John & Linda Neff Charitable Fund of
the Community Foundation of H/R
Houff Foundation

Trailblazers (\$2,500 +)

Railside Industries, Inc.
LD&B Insurance Agency
Beachy Arehart PLLC

thank you
to our generous donors



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Survey Results

An annual survey was sent to all current recipients of VAIL's services to ensure VAIL is providing quality services that meet the needs of individuals with disabilities in our community. Additionally, this year, VAIL conducted a survey of current participants regarding needs as a result of the COVID-19 pandemic.

When asked which type of service received from VAIL was the most helpful, the top 4 responses were:

- They helped me use personal care, respite, or companion care so I could stay in my home
- They helped me stand up for myself or stood up for me
- They put me in touch with other agencies or people who could help me
- They helped me make choices to improve my life

100% of respondents stated that VAIL staff treated them with respect.

96% of respondents were glad they received services from VAIL. 92% indicated they would recommend VAIL services to friends or family.

- Over $\frac{3}{4}$ of people said VAIL helped to inform them of services and benefits available to them
- A majority said their ability to be independent or remain in their home has increased

Survey recipients were asked to identify the 5 biggest needs of people with disabilities in our area. The top six responses were:

Need	% Response
Personal Assistance-Caregivers	44%
Transportation	35%
Affordable Housing	31%
Resources for home modification	16%
Respite Care	16%
Support for Family or Caregivers	16%

"I have referred many of my friends with disabilities to VAIL to receive assistance if needed"

VAIL responded to every COVID-related need identified through this survey process. Examples include securing food for pets, assisting people through the Dominion Energy Share program, and purchasing and shipping face masks, gloves, hand sanitizer, and disinfectant.

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Get Involved



- Donate via PayPal <https://govail.org/>



- Participate in our fundraisers
 - **Bingo:** every fall
 - **The Great Community Give** – an initiative of The Community Foundation of Harrisonburg and Rockingham County
 - **Arctic Dip:** the 3rd Saturday of February



- Write/call your legislators
 - Advocate for disability issues
 - Tell them about the great work VAIL does



- Click “like” on our Facebook page!
 - www.facebook.com/valleyassociatesforindependentliving



- Learn about our services
 - <https://www.youtube.com/user/govail>



*“Thank you for all you do!
This is a challenging time.”*

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Our Staff

Gayl Brunk: Executive Director

Holly Prochaska: Finance, Operations, & Compliance Director

Andrea King: Community Services Director

Svetlana Adamson: Community Living Specialist

Stacie Clark: Community Living Specialist

Jesse Compagnari: Independent Living Specialist

Paula Ford: Community Living Specialist / Options Counselor

Diane Haldane: Independent Living Specialist / Service Coordinator

Ana Hunter-Nickels: Community Living Specialist

Amy Jones: Community Living Specialist

Richard “Mat” Magruder: Service Coordinator

Roger Southerly: Custodial Assistant

Alana Stevenson: Community Living Specialist

Chelsea Tumer: Community Living Specialist

Monique Ware: Program Support Specialist / Options Counselor

Board of Directors

Scott Pruett: President

Debra York: Vice President

Jeremy Spilman: Treasurer

Paul McFarland: Secretary

Chris Grandle

Joseph Martin

Bonnie McLarty

Kristian Moore

Retha Reed

James Ward

Company Information

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